

Kenya

Providing practical, evidence-based
solutions for critical health issues through
collaborative programs



Building evidence-based sustainable public health programs in Kenya

Family Health International (FHI) is one of the largest, most established non-profit public health organizations. Our practical, evidence-based solutions improve the health status of vulnerable populations in more than 70 countries. Specifically, our initiatives in Kenya aim to increase access to quality health services. Our current support focuses on research and service delivery in HIV/AIDS, reproductive health, TB and malaria as well as emerging issues in public health.

When tackling infectious diseases and other public health challenges FHI knows what it takes to mobilize resources and coordinate comprehensive response. Since 1992, our program expertise and technical assistance in Kenya have been strengthening the capacity of the Government of Kenya and local organizations to provide crucial reproductive health HIV/AIDS services.

Two key factors underscore our ongoing success: collaborative partnerships with local governments and communities, and than three decades of pioneering research in sexual and reproductive health, HIV/AIDS and other infectious diseases. For our development partners, this means a measurable return on good-will investment.



Local expertise

Effective public health outcomes require proven in-country experience. FHI's presence in Kenya for more than 20 years makes us strong advocates on behalf of the communities we serve. Our collaborations with the government, universities and more than 45 partner organizations ensure culturally appropriate and evidence-based strategies. Together, we influence public policy and improve the quality of health services.

Research to practice

FHI works to close the gap in Kenya between research and practice, fully leveraging our global research, programming and service delivery expertise in reproductive health and HIV/AIDS, and other infectious diseases. We assist the government and other partners in translating research findings into appropriate health services, guidelines, policies and standards for care.

Why FHI

- *Global leader in sexual and reproductive health, HIV/AIDS and other infectious disease research.*
- *Innovator in the design and implementation of sustainable programs that improve public health.*
- *More than 1,000 clinical research studies in 95 countries.*
- *Public health programs established in 70 countries.*

Catalyst for change

FHI advocates and introduces new and cost-effective approaches to reproductive health and HIV/AIDS programming. Whether expanding family planning options, improving HIV voluntary counselling and

testing (VCT) services or promoting behavior change among sexually active youth, our targeted and progressive programs make a real difference. Of course, health services are only as effective as access to care and product availability. These are top priorities at FHI.

Since 1992, FHI has been addressing pressing public health issues in Kenya through integrated research, education and services.

Skills transfer

FHI's highly skilled, multidisciplinary staff builds research and service delivery capabilities of the government and other local partners through technical assistance and training. We help enhance local capacity to incorporate evidence-based approaches for programming. Our ongoing collaborations in Kenya support and enhance

- Family planning options to increase access to cost-effective services
- An integrated response to HIV, TB and malaria
- HIV programs that promote
 - targeted prevention HIV/AIDS

and sexual health peer education programs for targeted groups, including youth

- counselling and testing
- antiretroviral treatment in the public and private sectors
- palliative care
- services for orphans and vulnerable children
- Voluntary male circumcision for HIV prevention through the Male Circumcision Consortium
- Clinical research services, including providing monitoring services for HIV, malaria and rotavirus.

Lasting impact

Join FHI in taking positive steps to promote health, improve lives and strengthen communities in Kenya.

FHI's approaches seek to generate and apply knowledge to integrate reproductive health, HIV and other services in models that involve diverse players including the government and private sector as well as community and faith-based organizations at the grassroots.

In Kenya, FHI has:

- *Managed the country's largest HIV prevention, care and treatment program since 1988.*
- *Worked with the government to utilize data for decision-making.*
- *Collaborated with government agencies to link family planning with HIV services.*
- *Served on every major government reproductive health and HIV/AIDS technical committee.*
- *Teamed with the government to increase the use of underutilized contraceptive methods in the national family planning program.*
- *Helped to establish the national blood transfusion service.*
- *Supported the rollout of male circumcision.*

Summary of current programs

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AIDS, Population and Health Integrated Assistance (APHIA II)

programs are some of the largest in the country portfolio.

Funded by the United States Agency for International Development (USAID), APHIA II aims to help increase access to a wide range of quality health services through integrated networks for prevention, care and support. Its goal is to reduce the spread of HIV, improve the quality of life of those infected and affected, and mitigate the socio-economic impact of the epidemic. USAID APHIA II advances some of the activities that were implemented under the previous IMPACT project.

FHI has a lead role in the APHIA II Coast and Rift Valley provinces in strategic partnership with the Catholic Relief

Services (CRS), Cooperative League of USA (CLUSA), JHPIEGO, the National Organisation of Peer Educators (NOPE), Social Impact and World Vision International. In Eastern Province, FHI is responsible for monitoring and evaluation, and in Central and Nairobi provinces it supports antiretroviral therapy programs in the private sector through the Goldstar Network.

The Regional Outreach Addressing AIDS through Development

Strategies (ROADS) project aims to reduce the transmission of HIV and reduce its impact AIDS along major transport corridors in East and Central Africa. In Kenya, this USAID-funded project has sites at Mariakani, a truck stop in the Coast Province, and Busia, a border town in the Western Province

neighbouring Uganda. FHI leads the program partnership that includes the Program for Appropriate Technology in Health (PATH) of Howard University, Johns Hopkins University Centre for Communication Programs (JHUCCP) and JHPIEGO.

The Contraceptive and Reproductive Health Technologies Research and Utilization (CRTU) program is funded by USAID. It seeks to expand the range and support the use of safe, effective, acceptable and affordable technologies for the prevention of pregnancy and sexually transmitted infections, including HIV.

FEM-PrEP: The FEM-PrEP clinical trial led by FHI and funded by USAID is testing the safety and effectiveness of a pill for HIV prevention.

FHI scientists are trying to determine whether HIV-negative women who are at higher risk of being exposed to HIV can safely use the pill to prevent infection. Bondo District in Nyanza Province is one of six sites in four countries where the trials are taking place.

The Infant and Young Child Feeding Capacity (IYCF) project supports efforts to promote breastfeeding and complementary feeding at public and private health facilities and the surrounding communities in the Rift Valley Province. In 2008, this UNICEF-funded project helped to make 30 hospitals baby friendly compliant. Other activities include providing health workers and mothers with information on infant and young child feeding practices.

Rotavirus Vaccine: Researchers from FHI are providing monitoring support for a large-scale clinical trial of a vaccine for prevention of rotavirus infections, the single greatest cause of diarrhoea-related deaths among children. The trial is taking place in several countries in Asia and Africa, including Kenya.





hospitals to complement the gains being made in the public health care by increasing the options for people living with HIV. The Gold Star Network is designed to substantially cut the medical bill for those who can afford to pay. It also offers an opportunity for workplace and medical insurance schemes to provide affordable comprehensive cover that includes HIV treatment and care to employees and clients.

Male Circumcision Consortium

(MCC): FHI is leading three partners in the consortium, which is working with the government of Kenya to integrate safe, voluntary male circumcision into existing programs for HIV prevention. This effort is supported by a grant to FHI from the Bill & Melinda Gates Foundation.

The **Gold Star Network** is an innovative public-private partnership to increase access to antiretroviral therapy for HIV/AIDS. It is a franchising approach that networks private doctors and

Research Services: FHI offers technical support in different aspects of research, including training personnel and clinical and medical monitoring of trials. In Kenya, FHI was commissioned by USAID to identify a site for HIV trials by different organizations. FHI has identified a site in Bondo District of Nyanza Province, renovated a clinic and is building the sites capacity for trials. FHI is providing monitoring support to a study sponsored Medicines for Malaria Venture (MMV) as well as a trial of the Injectable Artesunate vs Quinine in children with severe malaria in Africa.